

WINTER
2024

Middle School



Happily Ever After and Everything Before

What does it really mean to be happy? Whether they realize it or not, it's a question that a lot of middle schoolers are asking. Yet so many of the emotions they feel are anything but happy! As we'll see in this series, those emotions aren't bad. In fact, following Jesus means you are free to feel it all! God shows up in all our feelings to give us space to feel—and that, Jesus says, is real happiness.

MEMORY VERSE

Anyone who listens to my
teaching and follows it is wise,
like a person who builds a
house on solid rock.
Matthew 7:24, NLT

Week One

Matthew 5:4, Psalm 30:1-12

You are free to feel

Week Two

Psalm 139:7-12, Acts 13:22

God shows up in all feelings

Week Three

Romans 12:15-16a

Give others the space to feel

Middle School

ENGAGE IN EVERYDAY MOMENTS TOGETHER



Morning Time

As your kid starts their day, remind them how much joy they bring you.



Meal Time

At a meal this week, have everyone answer this question: “What is something you are looking forward to in 2025?”



Drive Time

While on the go this week, ask your middle schooler: “What was your favorite memory from the holidays?”



Bed Time

Pray that you and your kid will grow closer to each other and to God in the coming year.



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